

Maine - State

Monthly cost

2023

Home Health Care

Homemaker Services	\$7,245
Homemaker Health Aide	\$8,008

Based on annual rate divided by 12 months (assumes 44 hours per week).

Adult Day Health Care

Adult Day Health Care	\$1,733
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Based on annual rate divided by 12 months.

Assisted Living Facility

Private, One Bedroom	\$8,712
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As reported, monthly rate, private, one bedroom.

Nursing Home Care

Semi-Private Room	\$12,197
Private Room	\$13,155

Based on annual rate divided by 12 months.

The information shown above is based on a specific scenario generated by the [Genworth 2023 Cost of Care](#). Future years are calculated by assuming an annual 3% growth rate. For more information and location comparison, visit genworth.com/costofcare.

