



Maine - State

## Monthly Cost

2021

### Home Health Care

Homemaker Services

\$5,720

Homemaker Health Aide

\$5,720

*Based on annual rate divided by 12 months (assumes 44 hours per week).*

### Adult Day Health Care

Adult Day Health Care

\$2,600

*Based on annual rate divided by 12 months.*

### Assisted Living Facility

Private, One Bedroom

\$5,865

*As reported, monthly rate, private, one bedroom.*

### Nursing Home Care

Semi-Private Room

\$10,494

Private Room

\$11,254

*Based on annual rate divided by 12 months.*

The information shown above is based on a specific scenario generated by the [Genworth 2021 Cost of Care](#). Future years are calculated by assuming an annual 3% growth rate. For more information and location comparison, visit [genworth.com/costofcare](https://genworth.com/costofcare).

